



# 40<sup>TH</sup> ANNUAL **Pediatrics for the Practitioner** Update 2025

**October 23-24, 2025**

Johns Hopkins School of Nursing, Anne M. Pinkard Building  
Baltimore, Maryland

Presented by  
Johns Hopkins University School of Medicine  
Division of General Pediatrics and Division of Adolescent/Young Adult Medicine  
Johns Hopkins Children's Center  
Jointly Provided by the Maryland Chapter, American Academy of Pediatrics

*This activity has been approved for AMA PRA Category 1 Credits™.*



**JOHNS HOPKINS**  
MEDICINE



## DESCRIPTION

This CME-accredited course offers a combination of didactic presentations and interactive small-group workshops designed to equip pediatricians, family physicians, and other child health clinicians with the latest evidence-based guidance for pediatric primary care. Participants will gain practical insights into a range of current and emerging topics, including the use of artificial intelligence in clinical practice, evaluation and management of neutropenia, newborn screening and genetic testing, firearm safety counseling, opioid use disorders, pharmacologic approaches to pediatric obesity, management of common sports injuries, recognition and treatment of cardiomyopathies, and more. This course provides an opportunity to enhance clinical decision-making, update knowledge of best practices, and improve patient care outcomes across diverse pediatric populations.

## WHO SHOULD ATTEND

This activity is intended for pediatricians, family practitioners, nurse practitioners and physician assistants involved in providing primary care for infants, children and adolescents.

## OBJECTIVES

After attending this activity, the learner will demonstrate the ability to:

- Apply the latest immunization recommendations from the American Academy of Pediatrics (AAP) to routine pediatric practice.
- Demonstrate effective communication strategies for addressing vaccine hesitancy among families.
- Identify best practices for diagnosing and managing eating disorders in children and adolescents, including early warning signs and referral criteria.
- Describe common barriers to managing pediatric hypertension and apply evidence-based strategies to overcome these challenges.
- Implement current guidelines for the evaluation and treatment of migraine headaches in children and teens, including pharmacologic and nonpharmacologic options.



## ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Johns Hopkins University School of Medicine and Maryland Chapter, American Academy of Pediatrics. The Johns Hopkins University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

## CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 11 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies in place to identify and mitigate relevant conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

## OTHER CREDITS

**American Nurses Credentialing Center (ANCC)** accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by the ACCME.

**American Academy of Nurse Practitioners National Certification Program** accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by the ACCME. PAs may claim a maximum of 11 Category 1 credits for completing this activity.

**NCCPA** accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society.

## MAINTENANCE OF CERTIFICATION

**American Board of Pediatrics (ABP)**

Completion of this activity and associated assessment enables the participant to earn 11 ABP MOC Part 2 points.



# GENERAL INFORMATION

## REGISTRATION

October 23, 2025  
7:45-8:10 a.m. EST

## LOCATION

Johns Hopkins School of Nursing,  
Anne M. Pinkard Building  
525 North Wolfe Street  
Baltimore, Maryland 21205

The School of Nursing is located on North Wolfe Street at McElderry Street. Directions and campus parking information are available on our website under the Contact Us tab at [HopkinsCME.cloud-cme.com](https://HopkinsCME.cloud-cme.com). The closest garage is the Washington Street Garage located at the corner of Monument and Washington Streets. Johns Hopkins is smoke free.

## FEES

### Register Online:

[hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=63183](https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=63183)

**Methods of Payment: Learners must register and submit full payment prior to the start of the activity.** On-site payments can only be accepted if made by learners via credit card through the online portal by 5:00 p.m. ET on the first day of the activity. The registration fee includes instructional materials, continental breakfasts, refreshment breaks and lunches.

### Registration Type:

Physicians .....	\$425
Physicians Past Registrants/NAPNAP/or AAP Members* .....	\$395
Nurses/NPs/PAs/Allied Health Professionals .....	\$325
Nurses/NPs/PAs/Allied Health Professionals Past Registrants /NAPNAP/or AAP Members* .....	\$295
Single Day Registration Thursday, October 23rd .....	\$215
Single Day Registration Friday, October 24th .....	\$215

You will receive a confirmation by e-mail. If you have not received it by **October 16, 2025**, call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

## LATE FEE AND REFUND POLICY

A \$50 late fee applies to registrations received after 5:00 p.m. ET on **October 16, 2025**. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by **October 16, 2025**. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

## SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

CME Website: [HopkinsCME.cloud-cme.com](https://HopkinsCME.cloud-cme.com)

*(Sign In, Click My CME tab, Click Syllabus)*

## HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. The last day to access the evaluation and attest to your credits is **December 8, 2025**.

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

## AMERICANS WITH DISABILITIES ACT

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.



THURSDAY, OCTOBER 23, 2025

7:45 -8:10

Registration and Breakfast

8:10 -8:15

**Welcome and Conference Goals**

Barry Solomon, MD, MPH

## Session I

8:15 -8:50

**Practical Applications of AI in Pediatric Care**

Khyzer Aziz, MD and Helen Hughes, MD

8:50 -9:25

**Immunization Update**

James Campbell, MD, MS

9:25 -10:00

**Neutropenia for Primary Care: How Low Can You Safely Go?**

Jennifer Keates Baleeiro, MD

10:00 - 10:20

Break and Networking

10:20-10:55

**From Initiation to Follow-up: Optimizing Pharmacologic Care for Adolescents with Substance Use Disorders**

Samara Jinks-Chang, MD

10:55-11:30

**Newborn Screening and Genetic Testing in Primary Care**

Shira Ziegler, MD

11:30-12:05

**Care of HIV Exposed Infants (BF)**

Allison Agwu, MD

12:05-1:00

Lunch

## Session II Workshops

Please select one workshop choice

1:00 -2:00

A. **Pediatric Hypertension - Screening, Diagnosis, and Management**

Tammy Brady, MD, PhD

B. **Update on the Management of Pediatric Headaches**

Amanda Wood, PNP

C. **Improving Vaccine Confidence in the MAHA Era**

Jonathan Miller, MD

D. **Diagnosis and Management of PCOS**

Christle Nwora, MD

E. **Learning Disabilities and IEP Process**

Jennifer Glattfelder, CPNP,  
Mallory Legg, Esq., Susan Danielson, CPNP

2:00 -2:30

Break and Networking

## Session III Workshops

Please select one workshop choice

2:30 -3:30

A. **Pediatric Hypertension - Screening, Diagnosis, and Management**

Tammy Brady, MD, PhD

B. **Update on the Management of Pediatric Headaches**

Amanda Wood, PNP

C. **Improving Vaccine Confidence in the MAHA Era**

Jonathan Miller, MD

D. **Diagnosis and Management of PCOS**

Christle Nwora, MD

E. **Learning Disabilities and IEP Process**

Jennifer Glattfelder, CPNP,  
Mallory Legg, Esq., Susan Danielson, CPNP



## TO REGISTER OR FOR FURTHER INFORMATION

### Register Online

<https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=63183>

Register by Phone .....(410) 502-9636

Register by Fax .....(866) 510-7088

Confirmation/Certificates/Transcripts .....(410) 502-9636

General Information .....(410) 955-2959

E-mail the Office of CME .....[cmenet@jhmi.edu](mailto:cmenet@jhmi.edu)

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For technical assistance with website, CloudCME or credits, please visit our tech support help page:

[hopkinscme.cloud-cme.com/about/help](https://hopkinscme.cloud-cme.com/about/help)

# PROGRAM

FRIDAY, OCTOBER 24, 2025

77:45–8:10

Registration and Breakfast

8:10 -8:15

**Welcome and Conference Goals**  
Barry Solomon, MD, MPH

## Session IV

8:15 -8:50

**Pediatric Obesity: An Individualized Approach to Pharmacotherapy**  
Stephanie Green, MD

8:50 -9:25

**Firearm Safety Counseling**  
Katherine Hoops, MD

9:25 -10:00

**Avoidant Restrictive/Food Eating Disorder**  
Angela Guarda, MD

10:00 - 10:20

Yoga/Meditation & Snack Break  
*This session is not eligible for AMA PRA Category 1 Credit™*

10:20-10:55

**Understanding Early Stage T1D: Risk, Progression and Emerging Therapies**  
Risa Wolf, MD

10:55-11:30

**Pediatric Sports Medicine Playbook: Common Injuries and Interventions**  
Eva Seligman, MD

11:30-12:05

**Cardiomyopathies**  
Carmel Bogle, MD

12:05-1:00

Lunch

## Session V Workshops

*Please select one workshop choice*

1:00 -2:00

- A. **Puberty and Growth**  
Kristin Arcara, MD
- B. **Contraception Workshop**  
Priya Shankar, MD
- C. **SMART and Other Inhaled Therapies: From Guidelines to Real World Practicalities**  
Christy Sadreameli, MD
- D. **Lupus for Primary Care**  
Misha Balmuri, MD and Julia Shalen, MD
- E. **Concussion Update**  
Cecilia Cordova, MD

2:00-2:30

Break and Networking

## Session VI Workshop

*Please select one workshop choice*

2:30 -3:30

- A. **Puberty and Growth**  
Kristin Arcara, MD
- B. **Contraception Workshop**  
Priya Shankar, MD
- C. **SMART and Other Inhaled Therapies: From Guidelines to Real World Practicalities**  
Christy Sadreameli, MD
- D. **Lupus for Primary Care**  
Misha Balmuri, MD and Julia Shalen, MD
- E. **Concussion Update**  
Cecilia Cordova, MD

3:30

Adjourn

*You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.*

*The registration desk will remain open during conference hours.*

*The Johns Hopkins School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.  
This schedule is subject to change.*





# SPEAKERS

## COURSE DIRECTOR

### Barry Solomon, MD, MPH

Catherine DeAngelis, MD and Jackie Julio  
Professor of Pediatrics  
Chief, Division of General Pediatrics  
Assistant Dean for Medical Student Affairs

## PLANNING COMMITTEE

### Deborah Busch, DNP, CPNP-PC, IBCLC, CNE, FAANP, FAAN

Associate Professor  
Johns Hopkins University School of Nursing  
Director of the DNP Pediatric Nurse  
Practitioner Primary Care

### Alexander Golec, MD

Assistant Professor of Pediatrics

### Tina Kumra, MD

Associate Professor of Clinical Pediatrics

## JOHNS HOPKINS SPEAKERS

### Allison Agwu, MD

Professor of Pediatrics  
Pediatric Infectious Diseases

### Kristin Arcara, MD

Assistant Professor of Pediatrics  
Pediatric Endocrinology

### Khyzer Aziz, MD

Assistant Professor of Pediatrics  
Neonatology

### Jennifer Keates Baleeiro, MD

Assistant Professor of Pediatrics  
Pediatric Hematology

### Misha Balmuri, MD

Assistant Professor of Pediatrics  
Pediatric Rheumatology

### Carmel Bogle, MD

Assistant Professor of Pediatrics  
Pediatric Cardiology

### Tammy Brady, MD, PhD

Professor of Pediatrics  
Pediatric Nephrology

### Cecilia Cordova, MD

Johns Hopkins Physician  
Physical Medicine and Rehabilitation

### Susan Danielson, CPNP

Pediatric Nursing  
Kennedy Krieger Institute

### Jennifer Glattfelder, CPNP, PMHS

Nurse Practitioners  
Kennedy Krieger Institute

### Angela Guarda, MD

Professor of Psychiatry and Behavioral  
Sciences

### Stephanie Green, MD, MS

Assistant Professor of Pediatrics  
Fit and Healthy Kids Clinic at Kennedy Krieger  
Institute

### Katherine Hoops, MD, MPH, JD

Associate Professor  
Pediatric Critical Care Medicine

### Helen Hughes, MD, MPH

Associate Professor of Pediatrics

### Mallory Legg, Esq

Director Project Heal  
Kennedy Krieger Institute

### Christle Nwora, MD

Adolescent Medicine Fellow

### Christy Sadreameli, MD, MHS

Assistant Professor of Pediatrics  
Pediatric Pulmonology

### Priya Shankar, MD

Adolescent Medicine Fellow

### Eva Seligman, MD

Assistant Professor of Pediatrics  
Sports Medicine Specialist

### Julia Shalen, MD

Assistant Professor of Pediatrics  
Pediatric Emergency Medicine

### Risa Wolf, MD

Associate Professor of Pediatrics  
Pediatric Endocrinology

### Amanda Wood, PNP

Johns Hopkins Clinician  
Pediatric Neurology

### Shira Ziegler, MD, PhD

Assistant Professor of Pediatrics  
Genetic Medicine

## GUEST SPEAKERS

### James Campbell, MD, MS

Professor of Pediatrics  
University of Maryland School of Medicine

### Samara Jinks-Chang, MD, MPH

Assistant Professor  
Children's Hospital of Philadelphia

### Jonathan Miller, MD

Association Program Director of  
Pediatric Residency  
for Nemours Children's Health

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